SOCIAL SCIENCES

BARBARA HOLTHUS / HANS BERTRAM (EDS.)

PARENTAL WELL-BEING

Satisfaction with work, family life, and family policy in Germany and Japan

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"Pursuing happiness is not only idealistic, it is the world's best and perhaps only hope to avoid global catastrophe" (*Global Happiness Policy Report* 2018). With that, the report argues for happiness as overarching policy goal. This volume argues that parental well-being is well qualified to assume a central role for governments of industrially advanced nations that are in need of coping with the challenges of low fertility and societal aging.

More than 4000 mothers and fathers of young children in Germany and Japan have been surveyed in regard to their well-being and satisfaction with many aspects related to their work and family lives. The volume brings together 13 scholars to analyze this unique dataset.

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